Day 1: Lesson Plan Prompt Guide

AI Prompt: Generate a Full Lesson Plan

Use this prompt in ChatGPT, Gemini, Claude, or any other AI tool:

"Create a complete [subject] lesson plan for [grade level] on the topic of [insert topic]. Make it 45 minutes long. Include: objective, standards (use Common Core if applicable), materials needed, warm-up activity, direct instruction, student activity, and a wrap-up with an exit ticket. Keep it age-appropriate and engaging."

Refinement Tips: Get Better Results from AI

AI is your assistant, not your replacement. Think of the first draft as a starting point, not the final version.

After you run the prompt, read what it gives you. Then use follow-ups like:

"Make it more interactive."
"Add a hands-on activity using common classroom materials."
"Simplify the language for 4th graders."
"Adjust timing to fit into a 30-minute block."

The more feedback you give, the better it gets.

Bonus: Build a Custom GPT

Want to make this even easier? Check out the bonus video in your kit showing how to build your own custom GPT. You can train it to remember your subject, grade level, formatting preferences, and tone, so you do not have to retype the same instructions every time. It is a huge time-saver once you are comfortable with the basics.