

Bonus: How to Create Your Own Custom GPT

Step 1: Go to ChatGPT and Explore GPTs

Visit chat.openai.com and make sure you are logged in. On the left sidebar, click "Explore GPTs", then click "Create a GPT".

Step 2: Use This Starter Instruction

Copy and paste this message when asked about your GPT behavior:

"You are a helpful AI assistant for teachers. You write lesson plans, generate feedback, build quizzes, and save time. You respond in a friendly, teacher-like voice, and keep things clear, short, and practical. You understand Common Core standards, grade levels, and student-friendly language."

Step 3: Customize and Publish

In the "Configure" tab:

- Name your GPT (e.g., "Ms. Jones AI Coach")
- Add a profile image if desired
- Paste your starter instruction again into the "Instructions" box
- Turn off tools you do not need (like image generation or code tools)

Click "Publish" to save your custom GPT.

Bonus: Add Your Best Prompts

Paste your favorite prompts from the Survival Kit into the "Conversation Starters" section, like:

"Create a 45-minute 4th grade lesson plan on fractions."

"Write warm student feedback including one growth tip."

Now every time you open your GPT, your best prompts are just one click away.

Final Tip

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Once created, your GPT works exactly the way you teach - fast, friendly, and built for your classroom style.

This saves time, brainpower, and makes planning a whole lot easier.